

**Youngsook Kim-Sasaki, M.S.N., R.N.**

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**EDUCATION**

Oregon Health Sciences University – Portland, Oregon  
1984 - M.S. in Psychiatric Mental health Nursing

Han-Yang University – Seoul, Korea  
1975 - B.S. in Nursing

**PROFESSIONAL LICENSE/CERTIFICATION**

Registered Nurse, CA (RN 372702)

Psychiatric Mental Health Nurse, CA (PMH 365)

Certificate of Applied Suicide Intervention Skills Training (ASSIST), issued by LA County Department of Mental Health in 2020

Certificate of 2010 - 2011 Mental Health Leadership Institute, by University of Southern California in conjunction with California Institute for Mental Health

Certificate of Designing and Managing Workplace Teams, by LA County Learning Academy in 2007

Certificate of Conflict Management and Negotiations, by LA County Learning Academy in 2005

Certificate of Section Head Program, by LA County Training Academy in 2002

Certificate of Behavioral Healthcare Management, by California School of Professional Psychology in 1999

Biofeedback Certification, CA (3539) – completed 200-hour requirement, by Biofeedback Institute in 1994

**SUMMARY OF PROFESSIONAL EXPERIENCE**

Over 30 years of broad and comprehensive work as a clinician, supervisor, and manager in community mental health settings with a sound foundation in psychiatric mental health nursing. Areas of concentration include extensive work with API populations, chronically mentally ill adults, and transforming traditional adult outpatient services into recovery-driven systems of care that allows clients to participate in their own recovery and is tailored to mental health care needs of each individual.

The leadership and management position held at the Service Area VIII as a Mental Health Clinical Program Manager III in LA County Department of Mental Health has especially provided a challenging

and yet rewarding experience of providing oversight to the programs and services delivered to 15,000 clients residing across the Long Beach/South Bay area. This includes the valuable work experience of directing/supervising multidisciplinary staff members, volunteers and student interns affiliated with various fields of learning institutes and schools, identifying service gaps, developing/maintaining strong relationships with other healthcare/service entities, and implementing innovative programs related to addressing community needs. This includes teaching nursing students at the World Mission University's RN-BSN nursing program as a faculty member starting Fall 2020.

## **PROFESSIONAL EXPERIENCE**

August 2020 - December 2023

World Mission University - 500 Shatto Pl. Los Angeles, CA

- Teaching as a nursing faculty member of the school's RN to BSN program

March 2011 – February 2018:                      Mental Health Clinical Program Manager III

- Los Angeles County Department of Mental Health – Service Area VIII Administration in Long Beach, CA Provided programmatic and fiscal oversight of mental health services delivered in Service Area (SA) 8 - Long Beach/South Bay Service area serving by more than 35 Legal Entity (LE) community providers and eight County's directly operated clinics including three adult clinics, two Asian/Pacific-Islander clinics (serving clients of all ages), two children clinics, and Specialized Foster Care services co-located in two regional Department of Children and Family Services' offices.
- Collaborated and worked closely with the SA 8 LEs to align services rendered by all providers in the service area; identifying service gaps, developing programs to meet community needs and developing/maintaining strong relationships with other healthcare/service entities such as Department of Public Health, Department of Health Services, LAUSD/LB schools, and Regional Center to enhance client wellbeing and access to services.
- Provided leadership and management of the service area administration office that has 23 staff involved in giving comprehensive administrative support/oversight to diverse initiatives such as the SB 82 Mobile Triage Team for homeless, Health Promoters (Promotoras), Navigation/Outreach & Engagement, Measure H Housing Support, Health neighborhood/Faith-based programs, expansion of Prevention and Early Intervention programs/services.
- Conducted and facilitated monthly Service Area Advisory Committee (SAAC) and Providers' Meetings to address a pressing need in the catchment area, ensure enhanced communication and problem-solving between providers, community stakeholders, and the Department.

June 2009 – February 2011:                      Mental Health Clinical District Chief

Los Angeles County Department of Mental Health – Adult Systems of Care in Los Angeles, CA

- Assisted ASOC Deputy Director with successful implementation of all aspects of MHSA services, as well as the roll out of Healthy Way L.A. (HWLA) which was implemented in July 2011 to better serve indigent community clients who meet this Medicaid Coverage Expansion plan of Los Angeles County

May 2006 – May 2009:

Mental Health Clinical Program Head

Los Angeles County Department of Mental Health – Long Beach Mental Health Center in Long Beach

- One of the largest outpatient clinics in the Department serving adult clients in need of immediate mental health assessments and interventions as well as on-going treatment
- Provided clinical and administrative oversight of 60 staff and teams, including direct supervision of subordinating staff.

October 1991 – April 2006: Mental Health Clinical Program Manager

Los Angeles County Department of Mental Health – Long Beach Asian Pacific Clinic in Long Beach,

- The clinic provides mental health services to Asian Pacific islands children, adults and their families.
- Worked on developing programs and hiring bilingual and bicultural staff to better serve clients in need of culturally and linguistically sensitive mental health services in addition to performing other supervisory management duties as a clinic manager.

December 1985 – September 1991: Mental Health Counselor RN

Los Angeles County Department of Mental Health – Rio Hondo MH/ Hollywood MH clinics, CA

- Worked as a clinician conducting intake assessments, formulating diagnosis, developing service plans, and providing individual and group therapies.

1984 – December 1984: Psychiatric Nurse

Harbor UCLA Hospital Neuropsychiatry Institute – Adult Inpatient/Geriatric Unit in Los Angeles, CA

March 1981 – June 1984: Psychiatric Nurse

Oregon Health Sciences Hospital – Inpatient 5A in Portland, Oregon

1979 – 1981: Staff Nurse

Eastmoreland Hospital – Medical Unit in Portland, Oregon

## **COMMUNITY BASED EXPERIENCE**

Committee on the Consortium on Asian American Mental Health Training that is aimed to improve knowledge and skills of clinicians in treating Asian American consumers through providing annual training conferences. Partnership and funding support provided by the LA Department of Mental Health.

Board member of Overseas Korean Nurses Association

Board member of Southern California Korean Nurses Association

Worked briefly as a Nursing Clinical Instructor at Azusa Pacific University in 1985

## **SKILLS**

- Fluent in Korean (speaking, reading, and writing)